

Soul Gift Worksheet

This worksheet includes questions to help you discover your Soul Gift. A circled number indicates a Soul Gift type that corresponds to the answer key on page 3. Take your time and enjoy the process!

1. Which do you care most about?

- New ideas. Moving things forward with passion + excitement
- Integrity, honesty + authenticity
- Creating or building something from nothing
- Healing what is broken
- Helping others get what they need or want
- Protecting + preserving what is sacred or important
- Easing suffering
- Doing things in a way that's never been done before

2. Can you pick just one or two from the list above?

Yes  see answer key on page 3

No  go to question 3

3. Why couldn't you pick one or two from the list?

Too many of the options sound like me  see answer key (7)

None of the options sound like me  see answer key (2)

I couldn't tell or decide  go to question 4

Soul Gift Worksheet

4. How do you define love?

Being present with someone's pain   see answer key ②

Truth   see answer key ③

Someone/something you would die for   see answer key ④

None of these are my definition of love   go to question 5

5. What's the most important thing you can do for someone else?

Help them cross thresholds + take action   see answer key ⑤

Believe in them or make them whole   see answer key ⑥

Help them get what they really want   see answer key ⑦

None of these   go to question 6

6. Do you possess cosmic or multi-dimensional awareness?

OR

Do you ever feel like an alien; like you don't belong on this planet?

Yes   see answer key ⑦

No   see answer key ⑧

Soul Gift Worksheet

Numbered answers for question 1

- ① New ideas. Moving things forward with passion + excitement
- ② Easing suffering
- ③ Integrity, honesty + authenticity
- ④ Creating or building something from nothing
- ④ Healing what is broken
- ⑤ Helping others get what they need or want
- ⑥ Protecting + preserving what is sacred or important
- ⑦ Doing things in a way that's never been done before

Answer Key

- ① Initiator
- ② Seer
- ③ Messenger
- ④ Believer
- ⑤ Conduit
- ⑥ Guardian
- ⑦ Converger
- ⑧ Sometimes, there is no answer. Go back through the worksheet and pick the words or phrases that most resonate with your soul. Read the descriptions on YourFearlessSoul.com + pay attention to your gut reactions. If one intrigues you, dive deeper.